Patients of Fressingfield & Stradbroke Medical Centres: Tel: 01379 586227 or 01379 384220

# **SEASONAL FLU CLINICS FOR 2014**

IT IS MUCH EASIER FOR US TO MANAGE THE FLU VACCINATION PROGRAMME IF PATIENTS DO ATTEND THE CLINICS. IF YOU ARE UNABLE TO ATTEND A CLINIC PLEASE CONTACT US AFTER THE 20<sup>th</sup> OCTOBER IN ORDER TO BOOK AN APPOINTMENT.

PLEASE NOTE THAT WE WILL NOT BE SENDING OUT INDIVIDUAL INVITE LETTERS. PATIENTS ARE ELIGIBLE FOR A FLU JAB IF THEY MEET THE CRITERIA BELOW. WE WILL BE HOLDING ADDITIONAL FLU CLINICS FOR <u>ELIGIBLE</u> CHILDREN UNDER 18 AND ALL 2, 3 & 4 YEAR OLDS. WE WILL WRITE TO PARENTS OF THESE CHILDREN DURING SEPTEMBER ASKING THEM TO RING IN TO BOOK AN APPT. ALL OTHER ELIGIBLE PATIENTS (OVER 18) SHOULD JUST TURN UP TO ONE OF THE

#### WALK-IN CLINCS BELOW IT IS NOT NECESSARY TO MAKE AN APPOINTMENT.

## WALK-IN SEASONAL FLU CLINICS AT FRESSINGFIELD

Tues 7 <sup>th</sup> October at Fressingfield	AM	9 am to 11 am			
Tues 7 <sup>th</sup> October at Fressingfield	PM	2 pm to 3:30 pm			
Fri 10 <sup>th</sup> October at Fressingfield	AM	9 am to 11 am			
Fri 10 <sup>th</sup> October at Fressingfield	PM	4 pm to 5:30 pm			
Tues 14 <sup>th</sup> October at Fressingfield	AM	9 am to 11 am			
Tues 14 <sup>th</sup> October at Fressingfield	PM	2 pm to 3:30 pm			
Fri 17 <sup>th</sup> October at Fressingfield	AM	9 am to 11 am			
Fri 17 <sup>th</sup> October at Fressingfield	PM	4 pm to 5:30 pm			

### WALK-IN SEASONAL FLU CLINICS AT STRADBROKE

Mon 6 <sup>th</sup> October at Stradbroke	AM	9 am to 11 am				
Mon 6 <sup>th</sup> October at Stradbroke	PM	4 pm to 5:30 pm				
Wed 8 <sup>th</sup> October at Stradbroke	AM	9 am to 11 am				
Mon 13 <sup>th</sup> October at Stradbroke	AM	9 am to 11 am				
Mon 13 <sup>th</sup> October at Stradbroke	PM	4 pm to 5:30 pm				
Wed 15 <sup>th</sup> October at Stradbroke	AM	9 am to 11 am				
VOLLARE ELIGIBLE FOR A SEASONAL ELLLIAB IE:						

#### YOU ARE ELIGIBLE FOR A SEASONAL FLU JAB IF:

You have asthma or a chronic respiratory disease	You have chronic heart disease		You have chronic kidney disease
You have chronic liver disease	You are diabetic		You have a weak immune system/Immunosuppression
You are over 65 years of age or are 65 prior to the 31/3/2015	You have a history of stroke or TIA or Multiple Sclerosis or a disease of the central nervous system		You are Pregnant
Those who are in receipt of carer's allowance, or those who are the main carer of an older or disabled person whose welfare may be at risk if the carer falls ill.		<u>*NEW ADDITION TO THE FLU PROGRAMME*</u> Children aged two, three & four years, but not yet five by 1/9/2014. PLEASE NOTE THAT WE WILL CONTACT PARENTS OF THESE CHILDREN TO INVITE THEM TO AN APPT	